



BRONZE MEDALLION

Welcome to the South Maroubra SLSC awards introduction night for the Bronze Medallion. Below you will find all the information you need to get started!



Membership

To participate in the Bronze Medallion course, you will need to become a financial member of the club and purchase the required course materials. Membership can be purchased online at the SLS Hub <https://hub.sls.com.au/>. If this is your first time using the Hub, you will need to create a new account.



Cost

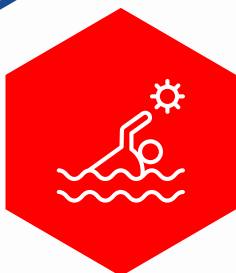
- Membership - \$70
- Course fee - \$50
- Pink Vest - \$25
- Club cap - \$25



Pre-requisite

To become a lifesaver, there is a certain degree of physical fitness that is required. As such you must complete a timed 400m swim in under 9mins. We have organised two nights for you to attend your timed swim.

- Tuesday 3 February 6pm at the Maroubra Seals Club - meet in foyer
- Tuesday 10 February 6pm at the Maroubra Seals Club - meet in foyer



Training

80% attendance is required at both theory and practical training. Let us know if you think this will be an issue. Training kicks off on **Tuesday, 17 February**

Theory training sessions will be held on Tuesday nights: 6pm-9pm.
Practical sessions will be held on Saturday mornings: 8:30am-11:00am.



Exam

Theory & Practical - Saturday 28 March at South Maroubra SLSC

TRAINER CONTACT:

Olena Stanilovskiy - bronze@southmaroubrasurfclub.com.au

