



SURF RESCUE CERTIFICATE

Welcome to the South Maroubra SLSC awards introduction night for the Surf Rescue Certificate (SRC). Below you will find all the information you need to get started!



Membership

To participate in the SRC, you will need to become a financial member of the club and purchase the required course materials. Membership can also be purchased online at <https://members.sls.com.au/>. If this is your first time on the member's portal you will need to create a new account.



Cost

- Membership - \$70
- Course fee - \$40
- Pink Vest - \$20
- Club cap - \$20



Pre-requisite

To become a lifesaver, there is a certain degree of physical fitness that is required. As such you must complete a timed 200m swim in under 5 mins. We have organised two nights for you to attend your timed swim.

- Tuesday 6 February 6pm at the Maroubra Seals Club - meet in foyer
- Tuesday 13 February 6pm at the Maroubra Seals Club - meet in foyer



Training

80% attendance is required at both theory and practical training. Let us know if you think this will be an issue.

Theory training sessions will be held on Wednesday nights: 6pm-9pm.

Practical sessions will be held on Sunday mornings: 11am-1pm.



Exam

Theory - Wednesday 13 March at South Maroubra SLSC

Practical - Sunday 17 March at South Maroubra SLSC

LEAD TRAINER CONTACT:

Codie Wem - src@southmaroubrasurfclub.com.au

