

### SOUTH MAROUBRA NIPPER INFORMATION BOOKLET 2023 - 2024



https://www.facebook.com/southmaroubraslscnippers/ https://southmaroubrayouth.teamapp.com/

www.southmaroubrasurfclub.com.au



Welcome to the South Maroubra Nipper Program,

On behalf of South Maroubra SLSC, thank you for choosing our club to develop your child's lifesaving skills at our nipper program.

My name is Peter Kondilios and I am the Director of Youth for the 2023/2024 Nipper season. I am a long term member of South Maroubra Surf Club, having completed my Surf Life Saving training as a young nipper at this great club. I am so excited to once again be leading this year's Nipper program.

Children's community sport is my passion. I have been an Age Manager for the last 12 years at South Maroubra and am also actively involved with Maroubra Lions Football Club. My own life has been very much shaped by my association with sporting and community organisations just like South Maroubra Nippers. I am the father of 3 school aged children who are all members of South Maroubra Nippers. I am now extremely excited to have the opportunity to give back to the community that has been such a big part of my own life.

It is the volunteers that make the Nipper program such a fulfilling pursuit, for without the volunteers, the program cannot exist. We are proud of our program being all inclusive and delivered in a fun and friendly atmosphere. If you have the time and can be part of our team, please let us know.

You don't need to become a lifesaver to volunteer, there are several ways that you can assist and make a difference, although if you are keen to become a certified lifesaver, we can support and guide you to get there.

The nippers 2023/2024 season is due to commence on Saturday 14th October 23 for the U6's age group. U7 to U14 age groups will start on Sunday 15th October 23. <u>CLICK HERE</u> to view the full nipper season details in the nipper calendar.

Be ready for a fun and great season at the best beach in Sydney with the best club, South Maroubra SLSC.

Remember, if you have any questions, suggestions, concerns or just want to have a chat, please come and see me, or email us on doy@southmaroubrasurfclub.com.au or nippers@southmaroubrasurfclub.com.au

Warm regards, Peter Kondilios Director of Youth Developmen

#### **Nipper Committee**

Director of Youth Development – Peter Kondilios

A/Director of Youth Development – Andy Newrick

Youth Registrar - Mary Kondilios

Nipper Gear Coordinator - Vacant

Nipper Water Safety Coordinator - Greg Turton

Nipper Touring Team Manager - Carissa Kieran

Water Coach – Martin Kiernan Sand Coach – Andrew Newrick R&R Coach - Corinne Henville March Past Coach - George Alexiou

Age Managers - <u>CLICK HERE</u> to view list



### WHAT IS THE NIPPER PROGRAM?

The Nipper program is proudly one of the biggest volunteer programs delivered worldwide, having over 62,000 young lifesavers in training in Australia, its main purpose to develop our youth into competent lifesavers for our community. Sydney branch is the largest one in Australia, with numbers exceeding 7,600 nippers. The South Maroubra Nipper Program has been running for over 54 years and is a dynamic part of the South Maroubra community.

Nippers from the young age of five can commence their development as young lifesavers. Through the program, they are taught to respect the surf, read it and use it to their advantage, whilst developing and practicing essential surf lifesaving skills (such as CPR, First Aid, surf rescue skills, etc.) This is done in a fun and friendly environment that promotes a healthy lifestyle and camaraderie unique to surf lifesaving.

A typical Nipper session will run for 1-1½ hours, subject to weather and water conditions. Depending on the Age Groups, events may include wading, board paddling, swimming, beach sprinting and beach flags. These fun activities and games are designed to increase engagement and develop teamwork. Subject to conditions, we will do as many water activities as possible.

Our Nippers participate in a progressive SLSA Surf Education program (Surf Ed), this program has been structured to provide them with the skills and knowledge of beach safety rules and basic first aid. Nippers must complete the Surf Ed program before the Christmas break and attend at least 75% of the sessions.

The Under 6's and 7's Groups primarily focus on fun and games on the beach which teach the children basic skills and awareness of where to swim and what help is available from lifesavers. Shallow water activities for these groups are carried out at the far South End of Maroubra Beach in the rock pool.

The Under 8's to Under 14's participate in a structured program that include skill development activities in both the water, and on the sand in an integrated education program that develops basic resuscitation, first aid, rescue skills whilst giving an understanding of the beach and surf.

These older age groups can also represent our club at local carnivals several times during the season. Although not compulsory, we encourage children to participate (to meet other nippers, to test their skills in a new beach environment and enjoy representing our club).

If you're interested in your nipper/s representing our club at these events, your support will be required in areas such as:

- Water Safety
- Officiating
- Admin tasks (recording)

Our extensive coaching/training program which is available to all nippers compliments the weekend nipper program. At these sessions, our nippers can practice and further development skills in board paddling, ocean swimming, sand/sprinting. Training sessions are available on weekday afternoons and Sundays before nippers.





### **JOINING SOUTH MAROUBRA NIPPERS**

### ANNUAL FEES FOR THE 2023/2024 SEASON

 Nippers (Registration Fee ONLY)

 First Child
 \$130

 2<sup>nd</sup> Nipper
 \$110

 3<sup>rd</sup> or more Nipper
 \$90 each after

 \*Other fees that may be incurred include (pink hi-vis vest, coloured age cap, competition cap, club swimmers)

 Active Kids vouchers accepted

#### **General Member (Nipper Parent/Guardian) \$50**

Enables parents to be involved in assisting age groups and being on beach. It provides insurance coverage for helping on the beach. Entitle's parents to use Club facilities on Sunday

NOTE: It is strongly recommended that at least one member of the family is registered as a General Member for the season (at a minimum).

#### Active Senior (18yrs & over) \$70

Available to all nipper parents who have their Bronze Medallion or SRC and wish to be an active member and do patrols as well as help out with nippers. Full membership rights to the club apply

#### **New Members**

Parents registering nippers for the first time must bring each child's Birth Certificate as proof of age. We only need to sight the document.

Please note that there will be no refund of registration fees once applications have been processed.

To register online please go to <u>https://www.southmaroubrasurfclub.com.au/nippers-faq.html</u> for further information If you have any issues with the online system you can visit the office at the South Maroubra Surf Club. Office hours are Tuesdays & Fridays 9:00am – 3:00pm







### **AGE GROUPS**

Group	DOB Period		
U6's	1 Oct 2017 to 30 Sept 2018		
U7's	1 Oct 2016 to 30 Sept 2017		
U8's	1 Oct 2015 to 30 Sept 2016		
U9's	1 Oct 2014 to 30 Sept 2015		
U10's	1 Oct 2013 to 30 Sept 2014		
U11's	1 Oct 2012 to 30 Sept 2013		
U12's	1 Oct 2011 to 30 Sept 2012		
U13's	1 Oct 2010 to 30 Sept 2011		
U14's	1 Oct 2009 to 30 Sept 2010		

Children can join Nippers from an age of Under 6 (5 years) to Under 14.

A child may join the program as soon as he/she turns 5 years of age, but not before. A child who reaches 5 years of age after 30th September may join Nippers at that time for the remainder of the season; however, this child will be required to stay in the U6 Nippers Age Group again the following season.

Age is determined as at 30 September each year.

### **BAGE GROUP PRELIMINARY SKILLS EVALUATION**

It is a requirement of Surf Life Saving Australia (SLSA) that prior to participation in any junior activity each season <u>ALL Junior Activities</u> <u>members must complete a Junior Activities Preliminary Skills Evaluation (Pool Swim).</u>

NOTE: This year all proficiency's will be done at Des Renford Leisure Centre

For junior activities U9's to U14's, all registered Nippers who wish to to compete in events at recognised junior surf carnivals within Surf Life Saving will also be required to complete the Competition Skills Evaluation (Ocean Swim).

Aquatic Play and Fundamental Aquatic Skills (FAS) Recommended depth of safe aquatic environment – 1 metre

	Under 6	Under 7	Under 8
Flotation	Back or front float for a minimum of	Back or front float for a minimum of	Back or front float for a minimum of
	5 seconds, recover to stand.	10 seconds, recover to stand.	15 seconds, recover to stand.
Submersion	Submerge to touch the bottom with hands.		
Propulsion	From standing position in waist deep	From standing position in waist deep	Swim on front any stroke (distance
	water, perform a front glide (1-2	water, perform a front glide (2-3	20 metres) followed by swim
	metres) & recover to stand.	metres) & recover to stand.	underwater (distance 2-3 metres).





### AGE GROUP PRELIMINARY SKILLS EVALUATIONS

#### Stage Two: Under 9, Under 10, Under 11

Applied aquatic skills

Recommended depth of safe aquatic environment - 1.5 metres

	Under 9	Under 10	Under 11
Flotation	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.		Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum of 2 minutes.
Submersion	Submerge to touch the bottom with hands.		Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.



#### Stage Three: Under 12, Under 13, Under 14

Junior/trainee lifesaver - pathway to SRC

Recommended depth of safe aquatic environment 1.8 metres

	Under 12	Under 13	Under 14
Flotation	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.		
Submersion	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.
Propulsion	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.



### **COMPETITION EVALUATION – OCEAN SWIM**

#### **Competition Evaluation**

To be eligible for competition, registered Nippers that have passed the age group evaluation and must complete an open water swim.

The competition evaluation (open-water swim) must be achieved before members are eligible to compete in inter-club competition. This is a minimum standard water proficiency requirement.

This competition evaluation will take place over the first two (2) weeks of our nipper activities.

**NOTE:** U/14 members who have successfully complete the SRC award or SRC proficiency after 1st July 2023 and prior to commencing Junior Activities for the 2023/2024 season are not required to complete the Age Group Preliminary Evaluation or the Junior Activities Competition Evaluation.

#### **APPENDIX 2**

AGE GROUP	COMPETITION EVALUATION
U6	Nil
U7	Nil
<b>U</b> 8	Nil (no water competition, except for wade which takes place in waist-deep water)
U9	Minimum 150m open water swim (any recognised stroke)
U10	Minimum 150m open water swim (any recognised stroke)
U11	Minimum 200m open water swim (any recognised stroke)
U12	Minimum 200m open water swim (any recognised stroke)
U13	Minimum 200m open water swim (any recognised stroke)
U14	Minimum 200m open water swim (any recognised stroke)

SOUTH MAROUBRA



### **TYPICAL NIPPER DAY**

Only qualified members will be able to support the delivery of the program.Age managers and Water Safety members will help us ensure that nippers are kept safe both in the water and on the beach. As always we would love for more people to join the team! If you are interested to find out more email us on nippers@southmaroubrasurfclub.com.au

This season Nippers will have 2 different start times: 8am-9.15am: Under 14 B/G, 13 B/G, 12 B/G, 11 B/G, 8 BOYS, 6 B/G 9.30am-10.45am: Under 10 B/G, 9 B/G, 8 GIRLS, 7 B/G (B - Boys, G - Girls)

Nippers will sign in **ON THE BEACH** in their designated activity zones. We will no longer have the announcements at the club house. Age Managers will deliver information to each group and Parents will not be allowed into the activity zones. **Staying Safe** 

Nippers is almost always on. If the weather is unsuitable, families will be advised via email and Social. Under the guidance and supervision of their Age Manager, children will then take part in fun on the beach and in the water.

Nippers <u>must wear their age nipper caps</u> during club nipper days and their South Maroubra nipper caps when participating at carnivals. **Caps are to be only removed when signing out for the day.** 

### **NO NIPPER CAP – NO NIPPER ACTIVITIES**

### **IMPORTANT NOTE:**

Children are to carry a water bottle and should have sunscreen applied prior to the commencement, and throughout the morning of Nippers. South Maroubra pink rash shirts are strongly recommended.

#### Making our beach a safe environment

If your child has to leave the designated area at any time during the Nipper session, they are required to obtain permission from their Age Manager and may only leave with a designated parent or guardian. This procedure is to ensure the safety of your child at all times. **All Nipper activities require a parent, or guardian to be present at all times.** 

It is important to note; the club has an MPIO (Member Protection Information Officer) that can be approached by any member should there be a matter that needs to be addressed. The MPIO can be approached at <a href="mailto:secretary@southmaroubrasurfclub.com.au">secretary@southmaroubrasurfclub.com.au</a>

### "Nippers is not a child-minding service"



### THE OCEAN IS NOT THE PLACE TO LEARN HOW TO SWIM

**PLEASE NOTE:** If your child is not a competent swimmer it is strongly recommended, they be placed into a swimming squad at their local pool. The focus of Nippers is to introduce surf skills and awareness not to provide <u>"how to swim"</u> lessons.



### **AGE MANAGERS**

At the beginning of the new season, the Nipper Committee team seeks nominations for Age Managers and Age Assistants for each age group.

These volunteers **<u>must</u>** possess the below qualities:

- Be an exceptional role model
- Lead by example
- Show respect to all club members and public
- Act with integrity and professionalism
- Be a team player
- Must be able to adhere to the SLSA and Club's code of conduct
- Be reliable
- Must be a good communicator

These members <u>must</u> also have a current Working With Children Check Number (WWCC), be financially active member, have completed the Age Managers course, have completed the Child Safe Awareness module and have viewed the 2023 Age Manager Maintenance video.

Age Managers and Age Assistants <u>must</u> also be available to attend team meetings as determined by the Executive Committee, normally these meeting will be held on a monthly basis and this season they will be held after nippers.

At least one Age Manager or Age Assistant per group should have their Bronze Medallion or SRC or be planning to obtain their award during the current season. This will immensely assist them to deliver the required surf education to their nipper groups.

Some of the expected tasks are:

- Prepare beforehand and coordinate their age groups activities for the nipper day
- Maintain a safe environment for our nippers and families
- Assist in setting up and packing the beach and trailers or wherever required
- Be responsible for any club equipment under their supervision



### **YOUR ROLE AS A PARENT/CARER**



Please ensure you keep your children well hydrated during the nipper activities and be sun-smart. Use plenty of sun block at all times.

### YOU DO MAKE THE DIFFERENCE!

One thing we can tell you for certain, the more YOU get involved, the more you and your child will enjoy Nippers. The main emphasis of Nippers is to have fun in an all-inclusive environment. The Club operates entirely from volunteer help. There are many jobs you can help with, and you do not need to have had surf life saving experience or be a lifesaver. The club values any and all contributions from parents – it makes our club.

### **BE PART OF THE FUN – GET INVOLVED**

### WAYS OF GETTING INVOLVED...

- ♦ Age Managers, Age Assistants, Beach Crew
- ♦ Water Safety, IRB crew/driver
- ♦ Be an accredited Official/Coach
- ♦ Setting up the beach and putting equipment away
- Nipper's official Photographer
- ♦ Education and Training
- ♦ Assisting with Apparel
- ♦ Fundraising, etc.



### WATER SAFETY AND OFFICIALS

Safety is our priority in all activities conducted by the Club. Safety extends to safety on the beach, in the water and consideration to the protection of all children.

### Safety in the Water

Our Water Safety Coordinator liaises with the Council Lifeguards and Patrol Captain each Nipper day prior to conducting any nipper activities.

They will decide if the surf conditions are suitable to conduct surf activities. The Lifeguard, Patrol Captain or Water Safety Coordinator may cease activities if conditions become unsafe.

The guidelines for water safety are laid down by the Surf Life Saving Australia and will be adhered to by all. The IRB or 'Rubber Duckie' is present during all nipper water activities.

It is imperative that as many parents (bronze medallion holders) as possible are in the water to accompany children in surf activities to meet the required water safety ratio.

Water Safety Officers must wear an orange or yellow rash vest and orange caps during surf activities.

No surf activities will commence unless there is the correct ratio of water safety personnel

#### Officials

A 'Carnival Officials' course is available for parents who would like to get involved at our Competition Carnivals that we will attend each season. This is the chance to get a ringside seat at the action!

Without Officials from our Clubs, we are not allowed to compete at carnivals. For each 10 competitors, at a minimum we must supply an accredited Official from our Club.

#### Water Safety

At the beginning and throughout the season training is available for any parent interested in obtaining their Bronze Medallion. Many parents who complete their Bronze will enjoy the learning experience whilst improving their fitness and getting a greater understanding of surf lifesaving.

The Club must meet the water safety requirements listed by Surf Life Saving Australia It is therefore essential that as many parents as possible obtain their Bronze Medallion to assist with water safety. If we do not have the required number of Water Safety Officers then surf events cannot be conducted, whether at a normal nipper day, carnivals or club training sessions.

IT IS NEVER TOO LATE TO LEARN A NEW SKILL! Have a go...

#### Water Safety Supervisor: Greg Turton







### **JUNIOR CLUB CHAMPIONSHIPS**

On the designated day (as identified on the 2023-2024 Season calendar), Age Managers and Age Assistants will marshal their groups (U8s to U14s) to the relevant event areas where the nippers will participate and compete.

Each event and area will be managed and recorded by club officials in a similar way to carnivals.

If a scheduled junior club championship day cannot be held due to adverse conditions, it may be rescheduled to an available day.

Depending on the number of nippers participating, the events will be structured in a number of heats, quarter finals, semi finals and finals.

Medals will be presented to the top three (3) finalists in every single event.

Junior Club Champions for each age group will be presented with their awards at presentation days.

PLEASE NOTE: Recipients of the Junior Championship awards MUST HAVE ATTENDED a minimum of 15 out of 20 nipper days and be competition proficient

YOUTH CLUB CHAMPIONSHIPS SAMPLE EVENTS			
SAND	SURF		
Flags	Wade – U8s only		
Sprint	Surf Race – U9s to U13s		
R&R	Board Race – U9s to U13s		
1K/2K - U11+	Ironperson - U11s to U14s		







### **AWARDS AND PRESENTATIONS**

At the end of each season, we recognise the efforts of our junior members at two separate award presentations. One for the U6s, U7s and U8s, followed by a separate presentation for the U9s to U14s groups (Inc. State team).

<u>CLICK HERE</u> refer to this season's calendar for the dates.

These awards range from Surf Education, participation awards, to achievement and improvement awards based on results and participation in the junior club championships, other Nipper carnivals and throughout the season.

To receive any award at presentation day, (other than the Under 6s, Under 7s and Under 8s medals), a child must attend 75% of the surf education Nipper sessions prior to 31 December 2023. Branch, State, and the Randwick Shield will also count towards attendance. The child must also be registered and proficient for the current season and be participating in their correct age group and achieve their SLSA award.

The participation will be based on the attendance app marked off each week by the attendance registrars.

### It is the child's/parent's responsibility to ensure that the child's name is marked off correctly each week

A 100% participation award will be granted to any Nipper who attends 100% of all nominated Sunday mornings from the South Maroubra Nippers' Calendar, recording starts from week one.





### COMPETITION

Junior Surf Lifesaving Carnivals are held at various locations during the season, only nippers that meet the competition proficiency and training criteria are eligible to attend.

This season, the club has endorsed a large number of events, full details listed on this season's calendar.

### How to Enter for Carnivals

All nipper carnival information will be circulated to parents mainly via team app, emails &/or social media channels. It is essential your contact details in our system are accurate.

Please also regularly check our club website and Social Media for additional information.

For the carnivals endorsed by the club, where the nipper has nominated to the club's touring team, the club will pay for their carnival entries. NOTE (NO EXCEPTIONS TO THE BELOW):

- a. All late carnival entries will need to be covered by the competitor
- b. Members that do not attend, where their entries have been covered by the club, will be asked to reimburse the club for the registration fee for that carnival

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All competition queries, please email: jr\_carnivals@southmaroubrasurfclub.com.au

Nippers must wear our competition cap and the club's swimwear when representing our club.

Competitors in Team Events must wear the same club uniform dress.

FOR ALL WATER EVENTS A PINK RASH VE<mark>ST MU</mark>ST BE WORN, PREFERABLY OUR CLUB'S ONES.

U8's	U9's & U10's	U11's to U14's
Sprint	Sprint	Sprint
Beach Flags	Beach Flags	Beach Flags
Sprint Relay	Sprint Relay	Sprint Relay
Wade Race	Surf Swim	Surf Swim
Wade Relay	Board Race	Board Race
	Swim Teams	Swim Teams
	Board Relay	Board Relay
		Board Rescue
		Cameron Relay
		Ironperson
		March Past / R&R



South Maroubra (NSW)



# COMPETITION - NSW STATE AGE CHAMPIONSHIPS



### 2024 SURF LIFE SAVING NSW STATE AGE CHAMPIONSHIPS Northern Beaches

The Junior Surf Life Saving NSW Age Championship (the State Nipper Carnival) is the major Surf Life Saving competition for Nippers each season. The State Nipper Carnival attracts nipper competitors from all over New South Wales and runs over 4 consecutive days (Thursday - Sunday) from the **7th March - 10th March 2024** at the Northern Beaches in Sydney. As in previous years, we will be entering a team to represent our club at this prestigious event.

The Nipper Selection Committee will be responsible for the selection of individuals and team events. As with any representative team of South Maroubra there is a selection criteria that the Nipper Selection Committee will use when selecting the State team. For more information on the team selection criteria please contact: jr carnivals@southmaroubrasurfclub.com.au

### <u>Club competition rules will be clearly defined. ALL COMPETITORS, THEIR</u> <u>FAMILIES AND CLUB MEMBERS MUST adhere to them</u>.

Failure to do so may result in competitors being expelled from the team and competition and further disciplinary action may be taken by the club.

Each competitor selected to represent South Maroubra will be responsible for the travel and accommodation costs associated with the team.

A team uniform levy will apply, and fundraising will be implemented to minimise its cost to all families attending State.

### 7th March - 10th March 2024

### **EVENTS TO REMEMBER**

- South Maroubra Nipper State Championships Team Meeting
- State Team uniforms presentation and team photo

**<u>CLICK HERE</u>** for Season Calendar for dates and times



### TRAINING

All Nippers that have successfully completed their competition skills evaluation and wish to participate at any Nipper carnivals are expected to attend our training program. This includes surf, board, sprint and flag training. Training dates and venues will be advertised via the club's TeamApp, emails and social media.

The aim is to improve the skills and fitness of the nippers .

The child's parent/carer must be present when they participate in our training programs and must stay for the duration of each training session.

For those involved in water training kindly note that a minimum amount of water safety personnel is required in order to deliver the training, if this number is not met the training session will be cancelled.

High Visibility singlets are compulsory for all water training sessions. NO SINGLET – NO TRAINING!!

Please note the nipper must be swim proficient.

Water training sessions are NOT designed to teach your child how to swim.

### **BOARD TRAINING**

#### U9 – U14 Beginners Board Skills Group

This is aimed at children who have basic board skills and wish to improve their skill level. You will be expected to attend at least 1 session per week and must have your own board. Boards can be hired through the club for the duration of the season.

### U9 – U14 Advanced Board Skills Group

This group will be available for children who commit to competing at surf carnivals endorsed by the club, including Branch and State Championships. It is expected that the child will attend at least 2 sessions per week.

Our Coaching team will have final say as to whether the child has the sufficient competency to remain in any of the above groups.

**REMEMBER THAT ALL OUR COACHES VOLUNTEER THEIR TIME – RESPECT THEM** 





### TRAINING

### **SURF TRAINING**

The swim (surf) training program will be delivered during the season. Training is scheduled to commence in October.

The focus will be on developing and practicing their skills in the water such as negotiating waves using the bottom, body surfing, ocean swimming, wading and dolphin diving.

The children need to be good and strong swimmers.

Nippers who wish to participate must be attending swim squad training at least once per week. The ocean is not the place to learn how to swim.

### SAND TRAINING

Andrew Newrick will be taking sprint and flag training sessions for all our beach competitors.

This is a great opportunity for you to improve on your technique and skills on the sand, as well as improving your fitness.

### Nipper Coaches Andrew Newrick Marty Kiernan Tim Jeffries Max Murphy Tony Jenkins Murph Renford Damian Alexiou George Alexiou Corinne Henville Steve Perry Liam Maley







### TRAINING IS NOT A CHILD-MINDING SERVICE

A minimum of one water safety person per group of 5 children training is required. If 1:5 ratio is not met – NO TRAINING

Children (for swimming) will be required to wear a fluro swimming cap and the compulsory high visibility singlet when doing surf training as per SLSA Guidelines. NO SINGLET – NO TRAINING



### **CLUB SOCIAL ACTIVITIES**

Throughout the season our Club will host a number of events and functions for all club members and their families. We invite all nipper members and supporters to attend and enjoy our relaxed environment and meet other Club members and their families during these activities.

#### **Christmas Scramble - Christmas BBQ and Santa**

We will be holding a club nipper BBQ on the last Sunday before Christmas at the completion of nipper activities. During the morning keep a look out for Santa.

#### Nipper Competition Team Fundraising Night

Our annual fundraiser has been scheduled for Friday 1st March 2024, a fun night for all members, parents and friends (Adults only event).

#### End of season BBQ/Disco

On the last day of nippers – we will be holding an end of nipper season BBQ.

**Raffles:** keep an eye out for the various raffles. (we always need a helping hand to sell tickets)

#### Social Media – Website/Facebook/Email

**Facebook & email** is the preferred means of communication for South Maroubra Nippers.

We also maintain full details on our website http://www.southmaroubrasurfclub.com.au https://www.facebook.com/southmaroubraslscnippers/





### NIPPER APPAREL

Our nipper apparel will be available at the office during the season. You have two styles and colour options.

Nipper club costumes are not compulsory, however if your child wishes to participate and represent our club in any surf carnival competition then they **MUST** wear the South Maroubra costumes, for team events they **MUST** wear the same club uniform dress .

South Maroubra competition caps are also available from the office for \$20.00. **Compulsory** Nipper Age Group coloured caps are also \$20.00 each, or reversible ones for \$25.00 each.

Pink High Visibility Vests are compulsory for all Nipper Water Activities for all groups 8+

The Committee will organize dates for pre-ordering specific garments.





### **NIPPER APPAREL**





### **TOURING TEAM 2023-2024**





### SOUTH MAROUBRA NIPPERS PROUDLY SUPPORTED BY OUR PARTNERS













## Sydney City Volkswagen



