## CHAMPION PATROL



Aim is to demonstrate how lifesavers work as a team in performing some or all the skills associated with surf rescue patrol work

Consists of 4 members (U17) and 6 members (Opens)

Must be a proficient bronze medallion and ARTC holder

Must be at least one proficient IRB driver and crew member in the team

Team members draw positions prior to start of comp - Water based position / Tube rescuer / Board Rescuer / Land based position / CPR operator / ECC operator

4 sections that incorporate physical skills, theory, resuscitation (Each worth 20 points) and a scenario (40 points)

**Surf teams' race** - all members of the team participate in the event with points allocated depending on where your team finishes

Board/Tube Rescue Relay race - team members who have drawn the water-based positions compete in race with a patient, tube swimmer (with fins) and board paddler racing to a set of cans individually. The board paddler and patient then finally race back to the shore together on the board. Again, points are allocated depending on where the team finishes.

A 20-question theory paper which all members of the team complete

A **practical resuscitation** on a live patient and then a manikin by those members who have drawn the land-based positions. The resuscitation includes demonstrating use of both oxygen and defibrillator and teams are judged on teamwork and errors made against a set criteria.

A scenario involving all team members attending to simulated patrol first aid and other situations. Teams are judged on teamwork and errors made against a set criteria.

