

BRONZE MEDALLION INFORMATION EVENING



WE ARE COMMITTED
TO SAFEGUARDING
CHILDREN AND
YOUNG PEOPLE

Bronze Medallion

The Bronze Medallion is the entry award into Surf Lifesaving. Over the duration of the 6 week course you will learn basic First Aid, CPR, spinal injury management and a range of rescue techniques.

Pre requisite: Be able to swim 400m in under 9 minutes

Theory training: Tuesdays 6pm-9pm commencing Tue 22nd Oct

Practical Training: Saturdays 9am-11am commencing Sat 26th Oct

Weeks 5 & 6 see inclusion of additional sessions on Thursday and Sunday

email Mike at education@southmaroubraurfclub.com.au for further information

 Tues 8th Oct, 2019

 18:30 - 19:30

 South Maroubra SLSC,
Heritage Room



@southmaroubraurclsc 

South Maroubra SLSC 

www.southmaroubraurfclub.com.au 